



KAWM Newsletter

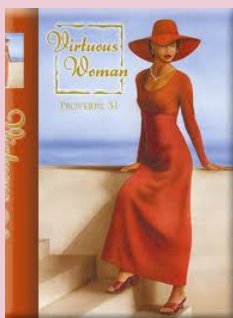
Kelvin Adventist Women's Ministries

Volume 1, Issue 2

March 2011

Our Theme:

Becoming the woman GOD wants me to be...



Editors' desk

The year has certainly gotten off to a hectic start. With the first quarter done and dusted, we are hopefully well entrenched in our new habits to become our better selves. To have better physical health, better spiritual discipline, better time management and become better disciples.

The quest still stands; to be the best we can be in accordance to Gods' will.

'A noble and Godlike character is not a thing of favour or chance, but is the natural result of continued effort in right thinking and association with Godlike

Our launch dinner at the Grace



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The year at a glance

<p>January</p> <ul style="list-style-type: none"> *Launch the Facebook page *Year planner *Leadership handover 	<p>February</p> <p>11: Newsletter publication 20: Launch Breakfast</p> <p><u>Focus of the month:</u> #God's Love is what binds us</p>	<p>March</p> <p>4: World Day of Prayer (Evening Prayer to be held at Church house) 5: International Women's Day of Prayer</p> <p><u>Focus for the month:</u> # Prayer</p>
<p>April</p> <p>3: Finance workshop Are you savvy with your money? 15: Newsletter publication</p> <p><u>Focus or the month:</u> #Am I a good steward?</p>	<p>May</p> <p>1: Vegetarian Cooking workshop 1: Launch of 40day Daniel fast</p> <p><u>Focus for the month:</u> #Am I a nurturer?</p>	<p>June</p> <p>5: Grooming and Deportment workshop 11: Women's Ministry emphasis day 17: Newsletter publication</p> <p><u>Focus for the month:</u> #Do I look my best for God?</p>
<p>July</p> <p>9-10: Weekend away 24: 702 Walk the Talk with health ministry</p> <p><u>Focus for the month:</u> #Quiet time with God</p>	<p>August</p> <p>Women's month activities 12: Newsletter publication 27: Abuse Prevention Emphasis Day 28: Self defense workshop</p> <p><u>Focus for the month:</u> #Phenomenal is what I am!</p>	<p>September</p> <p>3: Girls night out 25: Hiking (with kids?)</p> <p><u>Focus for the month:</u> #Fun in God</p>
<p>October</p> <p>2: Mother-Daughter visit to a children's home ?: Spar women's challenge 14: Newsletter publication</p> <p><u>Focus for the month:</u> #Am I compassionate?</p>	<p>November</p> <p>6: First Aid and basic CPR (with health ministry)</p> <p><u>Focus for the month:</u> #Am I trustworthy in all God has blessed me with</p>	<p>December</p> <p>3: Awards evening 16: Newsletter publication</p> <p><u>Focus for the month:</u> #Celebrating the woman I am</p>

"Purity of mind and idleness are incompatible"

Mahatma Gandhi

Did you know...

Lentils were used in the stew made by Jacob to gain Esau's birthright. They are one of the best vegetable sources of iron.

Lentils can benefit the heart and circulatory systems. They reduce blood cholesterol and blood pressure, increase kidney vitality, and control blood sugar. The neutraceuticals in lentils can inhibit cancer.

Health Calendar

MARCH	APRIL	MAY
TB Awareness Month	Health Awareness Month	Anti-Tobacco Campaign Month
International Multiple Sclerosis Month		International Multiple Sclerosis Month
<p>8 International Womens' Day</p> <p>10 World Kidney Day</p> <p>20 World Head Injury Awareness Day</p> <p>21 Human Rights Day</p> <p>21 World Down Syndrome Day</p> <p>21- World Salt Awareness</p> <p>27 Week</p>	<p>2 World Autism Awareness Day</p> <p>4- National Polio Eradication Awareness Week</p> <p>7 World Health Day</p> <p>17 World Haemophilia Day</p> <p>25 Africa Malaria Day</p>	<p>1-8 Hospice Week</p> <p>10 World Move for Health Day</p> <p>12 World Chronic Fatigue and Immune Dysfunction Syndrome</p> <p>12 International Nurses Day</p> <p>23- Child Protection Week</p> <p>29</p> <p>28 International Day of action for Womens health</p> <p>31 World No Tobacco Day</p>

Encouragement: Stewardship

Christ followers recognize, or should recognize, that everything they are and have is a gift from God and use their resources to participate in the restoration of the world through the building of God's kingdom. This is stewardship. A steward is someone who manages the property, finances or household of another. In other words, the steward is not the owner of something, but the manager of something, and is thus accountable to the owner. Therefore in the Christian sense, God created this world and we are managers of what God has given. So, that means that our home is not really ours. Our money isn't ours and even our very selves don't belong to us.

A good steward is someone who lives in a way that pleases God, in the way they use their time, in the way they use their talents and the way they use their treasure. The question then is, what does it mean to live a life in a way that honours and pleases God? In Philippians 4: 10-20 Paul addresses a church on stewardship. He mentions 3 "C's"; ingredients to good stewardship: Concern, Contentment and Credit.

Concern: 1Peter 4:10 talks about us being caring enough about others to put others first and to use our gifts for their benefits. A part of receiving gifts from God is that responsibility to use them for serving others. Therefore we cannot be callous or indifferent. There have to be moments that God can break through the static of our selfishness and get us to care enough about somebody else that we are willing to sacrifice on their behalf. Jesus put it very simply for us to understand: 'Love your neighbor as you love yourself.'

Contentment: Philippians 4:11-13 talks about being content. We have a culture of thinking our contentment stems from having more than what we have. We need to learn count our blessings and remember that contentment is not based on circumstance, but on our relationship with Christ.

Credit: Philippians 4:17-19 Paul states that part of being a good steward of our time, our talent and our money is believing that investing it in God's kingdom isn't a waste. 1Cor 15:58 *Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labour in the Lord is not in vain.'*

Sisters, we will have to give an account to GOD of how we handled what was entrusted to us. Are you using yourself, your time and talents in a Christ centered way?

Compiled from Rev. John Schmidt - The Central Pulpit

Funnies: Shirley and Mercy

A mom was concerned about her kindergarten son walking to school. He didn't want her to walk with him, and she wanted to give him a feeling of independence. but she also wanted to know that he was safe.

When she expressed her concern to her neighbour, Shirley offered to follow him to school every morning for a while, staying at a distance so he wouldn't notice. Shirley said that since she was up early with her toddler anyways, it will be a good way for them to get some exercise. All week long, Shirley and her daughter followed Timmy as he walked to school with another neighborhood girl.

As the two children walked and chatted, kicking stones and twigs, Timmy's friend said, 'Have you noticed that lady following us to school all week? Do you know her?'

Timmy replied, 'Yes, I know who she is. That's my mom's friend Shirley Goodnest and her little girl Marcy'.

'Shirley Goodnest? Why is she following us?'

'Well', Timmy explained, 'every night my mom makes me say the 23rd Psalm, it says, Shirley Goodnest and Marcy shall follow me all days of my life. I guess I'll just have to get used to it'.



Psalm 23:6
'Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.'

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*Becoming the
woman GOD
wants me to be*



KELVIN AWM

Find us on the web: [www.kelvinsda.co.za/
women'sministries](http://www.kelvinsda.co.za/women'sministries)

Facebook page: Kelvin Adventist Women's Ministries

Recommended Reading

A LINEAGE OF GRACE by Francine Rivers

The stories of five women who changed eternity. Tamar, fought for her right to believe in a loving God. Rahab, a woman with a past to whom God gave a future. Ruth, who gave up everything, expected nothing and God honoured her. Bathsheba, whose beauty stirred the passion of a king, and whose pain moved the heart of God. Mary, who responded in simple obedience to God's call. Each woman was faced with extraordinary—even scandalous- challenges. Each took great personal risk to fulfill her calling, and each was destined to play a key role in the lineage of Jesus



Upcoming events

1. A Finance Workshop—Finances for Women will be held. On 17 April
2. Registrations open for 702 Walk the Talk : 11 April
3. Vegetarian cooking workshop Sunday 1 May
4. 40 day Daniel fast—starting 1 May

The ten commandments

A Sabbath school teacher was discussing the Ten Commandments with her five and six year olds. After explaining the commandment to "honor thy father and thy mother," she asked "Is there a commandment that teaches us how to treat our brothers and sisters?"

Without missing a beat one little boy answered, "Thou shall not kill."

